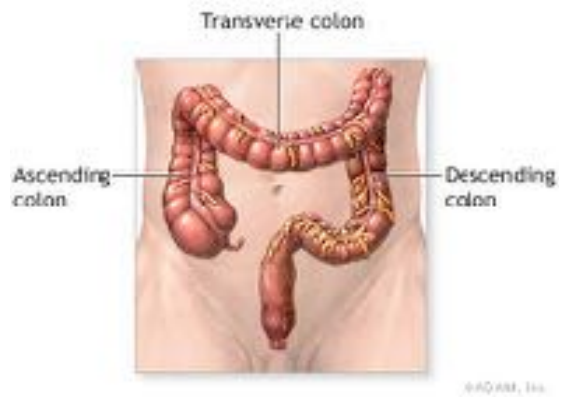


Colonic Disorders And Colonoscopy



I have never been comfortable using the diagnosis of irritable bowel syndrome. My research in Probiotics and gut flora, and my experience as a National Advanced Constipation (ACT) Trainer (ACT) have taught me to recognise a whole range of non-organic (disease) causations for the functional symptoms patients often present with (eg dysmotility and bacterial overgrowth).

A lot of my (award winning) research has focussed on inflammatory bowel conditions and how to minimise invasive testing. I am, however, an experienced colonoscopist, having been scoping for almost 20 years.



Where necessary a colonoscopy is generally a 25 minute procedure, that provides direct views of the colonic mucosa and allows us to take biopsies and remove any pre-malignant polyps. Most people request sedation.