

For ulcerative colitis and microscopic colitis patients =
Modified Ulcerative Colitis Disease Activity Index (mUCDAI)

mUCDAI

Daily stool frequency =		
	Usual post operative frequency	0
	1–2 stools more than usual per day	1
	3-4 stools more than usual per day	2
	> 4 stools more than usual per day	3
Rectal Bleeding		
	None	0
	Streaks of blood	1
	Obvious blood	2
	Mostly blood	3
General well being		
	Generally well	0
	Slightly unwell	1
	Moderately unwell	2
	Very unwell	3

Remission = $\leq 2 / 9$

For Crohns' disease patients

Harvey Bradshaw

Number of liquid Stools		
Abdominal pain	None	0
	Mild	1
	Moderate	2
	Severe	3
Abdominal mass	None	0
	Dubious	1
	Definite	2
	Definite and tender	3
General wellbeing	Very well	0
	Slightly below par	1
	Poor	2
	Very poorly	3
	Terrible	4
Number of extra GI manifestations of IBD	Mouth ulcers, uveitis, arthralgia	1 point each
	Anal fissure, new fistular, perianal abscess	
	Erythema nodosum, pyoderma gangrenosum	

Remission = ≤ 5

For ileal pouch patients = Pouchitis Disease Activity Score

Best daily stool frequency (when well) since the operation =		
	Usual post operative frequency	0
	1–2 stools more than usual per day	1
	>3 stools more than usual per day	2
Rectal Bleeding		
	None / rare	0
	Present daily	1
Faecal urgency / Abdominal Cramps		
	None	0
	Occasional	1
	Usual	2
Fever (>100°F, >37.8°C)		
	Absent	0
	Present	1

Remission = ≤ 2